



# LYNN CHAPMAN MENTORSHIP AWARD

## BACKGROUND

Mentoring is defined as a special relationship that develops between two people in which the mentor plays an active role in the development of another individual, the mentee, by demonstrating a personal interest in that individual and his/her career. The mentor may assume many roles including that of teacher, sponsor, advisor, role model, coach and confidant. A mentor also provides counsel, vision, support and a belief in others' capabilities. The mentor demonstrates excellent interpersonal skills, which facilitate the mentoring relationship. The establishment of a mentor-mentee relationship, that applies these components to their relationship, is a critical element in the development and establishment of a physiotherapist's orthopaedic skills and subsequent high-quality patient care.

## HISTORY

The Canadian Physiotherapy Association Orthopaedic Division Lynn Chapman Mentorship Award was initiated in 2016 to honour the late Lynn Chapman, an outstanding physiotherapist who passed away in 2015. It was realized by her peers, and the Orthopaedic Division of Canadian Physiotherapy Association (CPA), that she was an outstanding leader, who did much for the profession locally and nationally, with little regard for direct name recognition.

Her main professional motivation was always to promote and facilitate quality physiotherapy performance, which translated into safe and beneficial patient care. She never needed to be recognized on a center stage yet there are few orthopaedic physiotherapists in the country that have not been directly or indirectly influenced in a positive way by her tireless and passionate acts of intelligent dedication to the profession.

The Orthopaedic Division recommended, with consent from her family, the creation of an award that recognized colleagues who have shown similar attributes and demonstrated pioneerism of the profession, have been a pillar of the profession, and have provided support for physiotherapists to continually improve their abilities in orthopaedic manual therapy.

## PHILOSOPHY

Members of the profession believe that:

- Physiotherapists can take on tasks to advance patient care through policy development, mentorship, and course development.
- An individual can provide inspirational mentorship in a variety of ways at any stage of his/her career.
- Physiotherapists who mentor colleagues benefit both the individual and the profession.
- An individual can work diligently and passionately "under the radar" to progress the physiotherapy profession.
- Physiotherapists, who role-model professionalism and volunteerism are often as inspiring to their colleagues and peers as the established, identified leaders of the profession.

## PURPOSE

The purpose of the Orthopaedic Division Lynn Chapman Mentorship Award reflects the above stated philosophy aims to recognize physiotherapists who, through their inspiration and support, are actively engaged in the mentorship of other physiotherapists and have made outstanding and special contributions to orthopaedic manual physiotherapy.

## CRITERIA FOR SELECTION

His/her peers must recognize the individual as having provided orthopaedic physiotherapy related mentorship for several physiotherapists while acting as a role model and inspiration for others. A preference will be given to individuals who are involved in orthopaedic physiotherapy related leadership and/or volunteer activities that encourage the participation of others in professional activities. The nominee must have at least five (5) years of CPA Orthopaedic Division membership.

Activities that will be considered include:

- Mentoring at least two colleagues in the areas of orthopaedic clinical practice, education, research, advocacy, or professional activities, thereby making a significant contribution to the productive development of the professional life of those colleagues.
- Acting as an exceptional role model for others through involvement in professional voluntary activities that contribute to the profession and the CPA Orthopaedic Division.

## ELIGIBILITY

The individual must be a physiotherapist with current CPA Orthopaedic Division membership.

## SELECTION OF CANDIDATE

The Orthopaedic Division Awards Committee will select the recipient(s).

## PRESENTATION

Award(s) will be presented annually at the Orthopaedic Division Annual Symposium.

## FORM OF AWARD

- Public recognition at the Orthopaedic Division Annual Symposium
- A framed certificate

## NOMINATION PROCEDURE

Nominations may be made by a member of the CPA Orthopaedic Division or by a component of the CPA. All nominations are confidential between the nominator(s) and the Awards Committee.

The nomination must include:

- 1) At least three but not more than six letters of recommendation, none of which shall exceed four pages. At least two letters of recommendation will be from physiotherapists who have been mentored by the individual being nominated.
- 2) One of the nominators must be identified as the primary nominator.
- 3) In order for the Candidate to be successful in the nomination process, the letters must outline the uniqueness of the individual, how she/he meets the criteria for the award and must provide supporting evidence for all of the leadership qualities of the candidate.
- 4) Curriculum Vitae of the candidate

## NOMINATION PROCESS

Nominations must be submitted to the National Orthopaedic Division each year. Award winners and primary nominators will be notified prior to Symposium

For further information, contact: Jennifer MacMillan  
Email: orthodiv@shaw.ca



## NOMINATION FORM

### LYNN CHAPMAN MENTORSHIP AWARD

Date: \_\_\_\_\_

#### NOMINEE

Name of Nominee: \_\_\_\_\_

Address of Nominee: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### PRIMARY NOMINATOR

Nominator (include CPA Orthopaedic Division Component if applicable): \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Is the nominee aware of the nomination? Yes \_\_\_ No \_\_\_

The decision process is based on the information provided by the nominator(s). The Awards Committee will not seek out additional information. Incomplete submissions will not be considered.

#### DEADLINE FOR SUBMISSION

Postmarked no later than as advised in the notification/ eblast.

Send to: Jennifer MacMillan  
Email: orthodiv@shaw.ca