



## **Operational Procedure for Instructors Advanced Integrated Musculoskeletal (AIM) Physiotherapy Program**

This Protocol should be read together with the Canadian Physiotherapy Association (CPA) Guideline for Returning to In-Person Education.

For the purpose of this Procedure, the term “attendees” refers to students, educators, and assistants.

### **Training Components**

#### Level 1:

- Recommend 3 teaching days in person and 1-2 days online.

#### Level 2:

- Recommend 4 teaching days in person and 8 days online.
- Suggested schedule: 3 days online; 2 days in person; 3 days online; 2 days in person; 2 day online.

#### Level 3:

- Recommended 4 teaching days in person and 5 days online.
- Suggested schedule: 2 days online; 2 days in person; 2 days online; 2 days in person, 1 day online.

#### Level 4 & 5:

- Recommended 3 days teaching in person and 2 days online.
- Suggested schedule: 1 day online; 2 days in person; 1 day online; 1 day in person.

### **Procedure:**

- Due to cross-border travel restrictions and the ability to limit viral contamination, courses and examinations will be held in the provinces in which attendees reside.
- The secure examination will be given on the last day of the in-person course. The envelope must remain sealed until the date and time of your virtual exam. A Zoom link and instructions will be sent to participants in advance of the virtual exam.
- Number of attendees will be determined based on Public Health Agency of Canada (PHAC) and the applicable Office of the Chief Medical Officer of Health recommendations and may vary from province to province.
- Attendees shall be respective of current applicable provincial social distancing requirements.
- Plinths must be arranged such that they meet all Provincial Health Authority guidelines.

- Students will work during lab time with only one (1) other student and will not circulate to other students for practical time.
- Interactive Case History portion of the course will be completed online.
- In-person lab time will be 100% practical. In-person days will be a maximum of six (6) hours of contact time.
- All didactic lectures and clinical reasoning will be completed as part of the online format. This should include discussion of practical techniques, indications, contraindications, physiological effects, and dosages in management.
- All attendees will be sent the screening documentation in advance of in-person instructional days and advised that they are not permitted to attend if they are experiencing symptoms.
- All attendees will complete screening on entry daily and any attendee screening positive will be advised they cannot attend and directed to follow the Isolation Protocol.
- Cleaning of the training facility, all equipment, and tools shall be conducted in accordance with the Infection Control Protocol.
- The use of Personal Protective Equipment is required in accordance with the Infection Control Protocol.