

A modern way to teach and practice manual therapy

(Kerry et al 2024)



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(modified from Kerry et al 2024)

Identifying and navigating suspected serious pathologies: New-graduate physiotherapists' perspectives and developmental needs

(Phua et al 2024)



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Are you a new grad who is struggling with appropriate identification and management of red flags? You are not alone! Check out these authors' recommendations on how to best prepare new graduate physiotherapists for the responsibilities of being a first-contact practitioner.

Orthopaedic Manual Physical Therapy: A Modern Definition and Description

(Silvernail et al 2024)



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It has been suggested that orthopaedic manual physical therapy currently lacks a contemporary description of practice. These authors aim to provide a modern definition of OMPT that is clear to both physiotherapists and patients alike.

(modified from Silvernail et al 2024)

PAEDIATRIC MANIPULATION & MOBILISATION



The International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT) & the International Organisation of Physiotherapists in Paediatrics (IOPTP) recently released a joint position statement on paediatric manipulation and mobilisation. Click [HERE](#) to see their recommendations.



Current and future advances in practice: tendinopathies of the hip

(Grimaldi et al 2024)



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Are hip tendinopathies a pain in your clinical buttock? This review provides a summary of the current evidence surrounding diagnosis and management of gluteal and proximal hamstring tendinopathy.

Effectiveness and safety of manual therapy when compared with oral pain medications in patients with neck pain: a systematic review and meta-analysis

(Makin et al 2024)

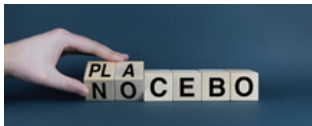


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The findings of this review suggest that MT may be beneficial in patients with neck pain in both the short and long term compared to oral pain medications. The authors note that MT had a safer profile and recommend that patients with neck pain be given the option of MT rather than oral pain medications.

Don't be a nocebo! Why healthcare organizations should value patients' expectations

(Poulter et al 2024)



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Is everyone on your clinical team aware of their impact on patient expectations and outcomes? This article provides some food for thought on how our organizations can best meet patient expectations and prevent nocebo effects.

Systemic osteoarthritis: the difficulty of categorically naming a continuous condition

(Herrero-Beaumont et al 2024)



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Considering the systemic nature of osteoarthritis (OA), the authors suggest that a name change might be appropriate. Would renaming it to "systemic OA" help shift the perception of OA from being solely a joint-related condition?

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