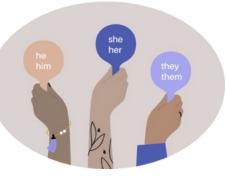




Evidence Express

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An **excellent resource** for clinicians to make your clinic a welcoming, affirming, and safe space for members of the LGBTQIA+ community.

Students' Attitudes, Beliefs, Perceptions, Knowledge, Behaviours and Training related to 2SLGBTQIA+ Health Education and Inclusiveness in Canadian Physiotherapy Programs





Codie Primeau et al (2023)

Article 1

<u> Article 2</u>

Clinics Care Points

(modified from Streed C 2022)

Use Correct Name - do not assume legal name is their correct name.

Use Correct Pronouns - use genderneutral pronouns until indicated otherwise, then use the correct pronoun.

Do not Assume Gender - gender expression and gender identity are related but one does not dictate the other.

Do not Make Assumptions about Relationships - ask the individual about relationships with others.

Collect Information - sexual orientation. gender, identity, name, pronouns.

The two articles evaluated 2SLGBTQIA+ education & inclusion among physiotherapy students in Canada. Findings indicated positive student attitudes towards working with 2SLGBTQIA+ patients but revealed shortcomings in the degree of student knowledge, training, and the overall inclusiveness within physiotherapy programs. Students expressed a need for more education and mandatory training on 2SLGBTQIA+ health, and improvements in program inclusion. These findings highlight the importance of enhancing 2SLGBTQIA+ health education and inclusion in physiotherapy programs to better support diverse patient populations.

2SLGBTQIA+

TWO-SPIRIT. LESBIAN. **GAY, BISEXUAL** TRANSGENDER, QUEER, **INTERSEX, ASEXUAL** AND ADDITIONAL SEXUALLY AND GENDER **DIVERSE IDENTITIES**



A NEED FOR GREATER EMPHASIS **ON 2SLGBTQIA+ HEALTH AMONG** PHYSIOTHERAPISTS IN CANADA (Primeau et al 2022)

This **editorial** initiates an important discussion for the Canadian physiotherapy profession about advocating for changes in clinical and curricular practices to better support 2SLGBTQIA+ communities. It highlights health/social disparities faced by 2SLGBTQIA+ communities & identifies

knowledge gaps among physiotherapists that can lead to inadequate care. It highlights a critical need for collective action, urging the profession to better support 2SLGBTQIA+ persons.

A CALL TO DISRUPT **HETERONORMATIVITY** AND **CISNORMATIVITY** IN PHYSICAL THERAPY (Ravi et al 2022)

> This **qualitative study** emphasizes the need to disrupt heteronormativity and cisnormativity in Canadian pre-licensure physical therapy curricula, highlighting the importance of addressing historical inequities, integrating the content throughout the program, and involving 2SLGBTQIPA+ individuals in content delivery and creation. The article emphasizes the need for the physiotherapy profession to understand and challenge these systems of inequality for more equitable and inclusive practice.