

Appendix I

Clinical Reasoning Reflection Form – Subjective

Questions to be completed after the subjective assessment

1. Identify the key activities and participation restrictions for this client (based on the International Classification of Function, Disability and Health – ICF)

2. In what stage of the healing process does this client present (acute inflammatory – 0-3 days, proliferation/sub-acute phase 3 days – 6 weeks, remodeling/maturation – 6 weeks – 18 months)?

3. Identify the dominant pain mechanism (nociceptive, peripherally evoked, centrally evoked) and provide the subjective evidence to support it.

Input Mechanisms		Processing Mechanisms			Output Mechanisms
Nociceptive Symptoms	Peripheral Evoked Neurogenic Symptoms	Centrally Evoked Neurogenic Symptoms	Patient's perspective (Cognitive/Affective Influences)	Motor & Autonomic Mechanisms	
% of Influence					

Adapted from “Clinical Reasoning for Manual Therapists” by M. Jones and D. Rivett

