

Appendix II

Clinical Reasoning Reflection Form – Objective

Questions to be completed after the objective assessment

1. Do the physical examination findings correlate with the degree of severity of the presenting symptoms?
2. Are there any objective findings, which would indicate the need for caution in your management?
3. Is there a need to refer this client to another health care professional (family doctor, orthopaedic surgeon, psychologist)?
4. What are three potential hypotheses and give the supporting (and/or negating) evidence from the subjective and objective examination?
5. Consider the prognostic indicators and state your predictive outcome for this client (i.e. length of time for recovery, percentage of recovery or do you expect residual findings)

Adapted from “Clinical Reasoning for Manual Therapists” by M. Jones and D. Rivett

6. Identify the key physical impairments from the objective examination i.e. posture, movement patterns, joint dysfunction, motor control, neural mobility/sensitivity.

7. Indicate your treatment goals for your key impairments:

Goals:

Short term-

Long term-

Management Strategies (include manual therapy, exercise, education, other):

Initial Treatment:

Outcome measures:

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8. Identify the key subjective and objective findings that would help you recognize this disorder (i.e. clinical pattern) in the future.

Subjective	Objective

9. Is there evidence to support your assessment procedures and treatment interventions? Please elaborate.

*Reflections for Prognosis, Assessment and Treatment Management:
(may be completed on future visits or on reflection of a prior patient)*

- a. *Are the client's needs being met?*
- b. *What clues (if any) can you now recognize that you initially missed, misinterpreted, under-or-over-weighted?*
- c. *What would you do different next time?*
- d. *Did your outcome measure change significantly over time?*

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